

Positive Choices 5K 2023

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
1	JACK PATE		M: 1	RUNNER	759	00:20:51.72	06:42	8.9mph	Overall Male Runner: 1
2	WILLIAM GARRISON		M: 2	RUNNER	154	00:20:55.37	06:44	8.9mph	Overall Male Runner: 2
3	BENJAMIN DIXON		M: 3	RUNNER	165	00:21:35.74	06:57	8.6mph	Overall Male Runner: 3
4	ELI UPDIKE		M: 4	RUNNER	168	00:25:40.44	08:15	7.3mph	Overall Male Runner: 4
5	IAN NUNEZ		M: 5	RUNNER	170	00:26:33.98	08:33	7.0mph	Overall Male Runner: 5
6	WENZEL MICHAEL		M: 6	RUNNER	172	00:26:56.30	08:40	6.9mph	Overall Male Runner: 6
7	MELEA WENZEL		F: 1	RUNNER	158	00:26:56.70	08:40	6.9mph	Overall Female Runner: 1
8	HAYDEN DIXON		M: 7	RUNNER	164	00:27:22.18	08:48	6.8mph	Overall Male Runner: 7
9	REBEKAH PLATT		F: 2	RUNNER	492	00:27:39.54	08:54	6.7mph	Overall Female Runner: 2
10	JOHN PLATT		M: 8	RUNNER	157	00:27:40.51	08:54	6.7mph	Overall Male Runner: 8
11	JACK STACY		M: 9	RUNNER	957	00:27:52.20	08:58	6.7mph	Overall Male Runner: 9
12	WILLIAM BOUNDS		M: 10	RUNNER	968	00:28:50.63	09:17	6.5mph	Overall Male Runner: 10
13	NATHAN STINSON		M: 11	RUNNER	163	00:29:20.45	09:26	6.4mph	Overall Male Runner: 11
14	LANDON OWEN		M: 12	RUNNER	767	00:30:01.36	09:39	6.2mph	Overall Male Runner: 12
15	MICAH WARNER		M: 13	RUNNER	119	00:30:35.96	09:50	6.1mph	Overall Male Runner: 13
16	BRIAN UPDIKE		M: 14	RUNNER	169	00:30:36.87	09:51	6.1mph	Overall Male Runner: 14
17	ADAM STACY		M: 15	RUNNER	143	00:30:49.39	09:55	6.0mph	Overall Male Runner: 15
18	KASEY OWEN		F: 3	RUNNER	761	00:31:29.00	10:08	5.9mph	Overall Female Runner: 3
19	STEVE DAVIS		M: 16	RUNNER	746	00:31:41.14	10:11	5.9mph	Overall Male Runner: 16
20	TUCKER HANDLEY		M: 17	RUNNER	954	00:32:13.90	10:22	5.8mph	Overall Male Runner: 17
21	RICHARD WHITE		M: 18	RUNNER	491	00:32:14.94	10:22	5.8mph	Overall Male Runner: 18
22	SARAH NESMITH		F: 4	RUNNER	191	00:32:51.80	10:34	5.7mph	Overall Female Runner: 4
23	LANCE PATE		M: 19	RUNNER	760	00:33:55.91	10:55	5.5mph	Overall Male Runner: 19
24	MIKI WHITE		F: 5	RUNNER	179	00:34:28.09	11:05	5.4mph	Overall Female Runner: 5
25	CANDACE PIMENTEL		F: 6	RUNNER	752	00:35:19.00	11:22	5.3mph	Overall Female Runner: 6
26	LEXI STACY		F: 7	RUNNER	105	00:35:48.80	11:31	5.2mph	Overall Female Runner: 7
27	COLT WARNER		M: 20	RUNNER	967	00:36:48.52	11:50	5.1mph	Overall Male Runner: 20
28	TYLER WARNER		M: 21	RUNNER	495	00:36:49.18	11:51	5.1mph	Overall Male Runner: 21
29	SELAH NESMITH		F: 8	RUNNER	171	00:37:14.79	11:59	5.0mph	Overall Female Runner: 8
30	JEANNA MEADOWS		F: 9	RUNNER	162	00:39:42.24	12:46	4.7mph	Overall Female Runner: 9